



Rainbow Activity



Holistic Harmony and Wellness Island Style Factsheet





Rainbow Activity



Average	75 minutes
Consultation Time	View hand and feet menu
Age restriction – Adults	No age restriction for all treatments except meditation as from 5 years old only
Physical Level	All physical level
Upon appointment / 7 days a week	Appointment to be done at least 24 to 48 hours in advance.
Consultation Time	Any time from 09:00 to 17:00
Onsite consultation	Yes
Conditions	<ul style="list-style-type: none">• There will be a music system for relaxation brought along by the Therapist.• If therapist finds that the health condition of the guest is unfit for receiving any treatment, you will be directly informed of the matter.• It is important that the guest specify if he/ she would receive treatments with female therapist only. Prior arrangements can be made if mentioned 24 to 48 hours in advance.• No alcoholic drinks should be consumed 24 hours before.



Chakra Balance



Spirit Touch



Wellness Aromatherapy



Ananda Bliss



Shakti me*



Tibetan Boost



Yogic Mix



La Stone



Sujok Therapy



Pada Love



In the mythology of old Hawaii , Kanaloa was the God of the ocean, a healer God. In the Hawaian esoteric tradition , Kanaloa represents the Core Self or the centre of the universe within oneself. The 'Great Peace ' or the ' Great Stillness' is the Mission of our Institution. Kanaloa spa started giving Healing & Therapies since 2010. Now operating as a MOBILE SPA , we cater for your wellness in your comfort zone : your home , residence,Office or during events.

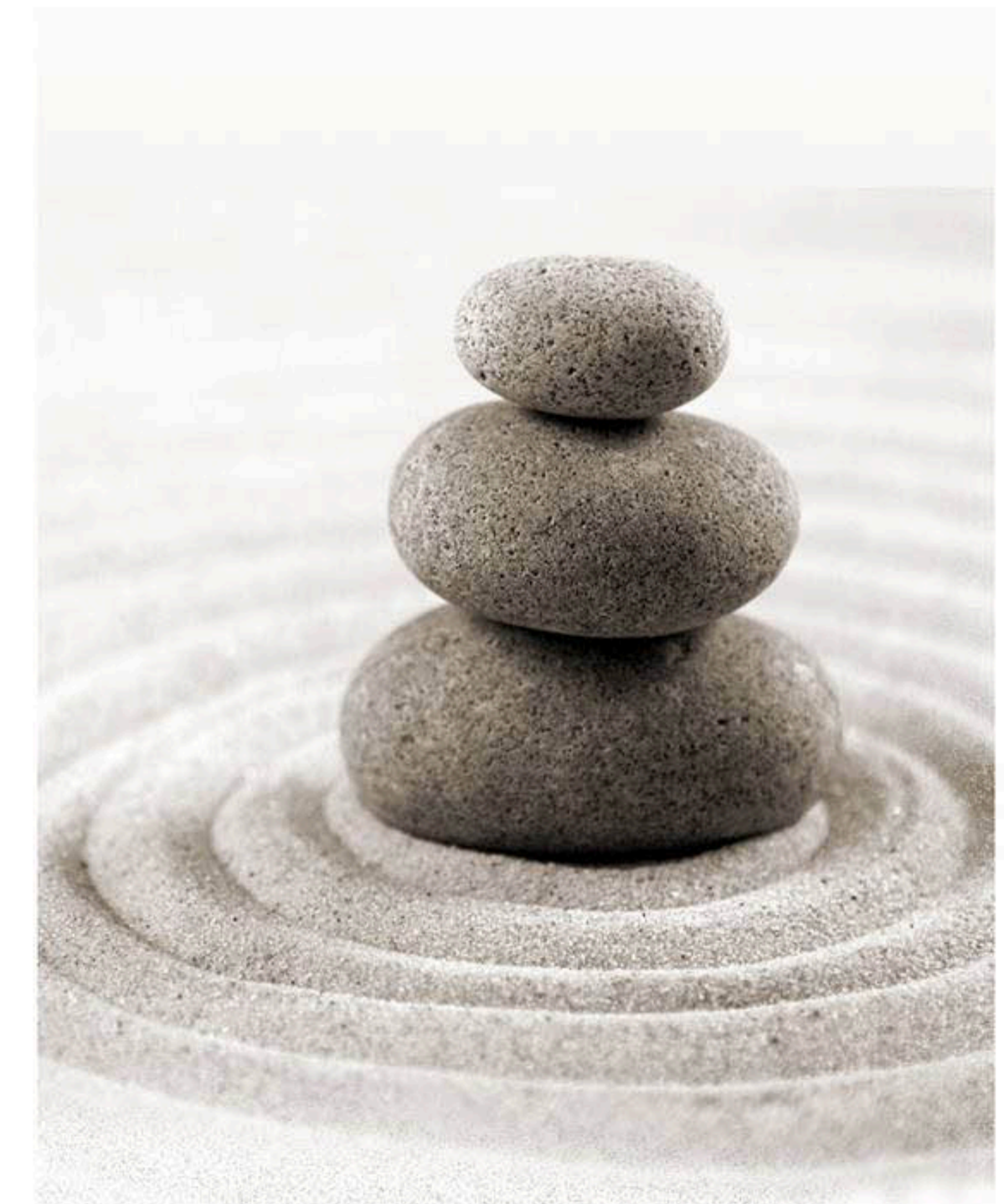


Tailor-made treatments other than in the brochure are offered to furthur your discovery of the world of healing& therapies.

Natural oils & other products from Madagascar and other countries can be bought for daily usage.

Trainings / workshops for self development , Healing and Massage are offered in groups

Free group meditations are guided in the North and other regions of Mauritius.



Rajneesh Bhunjun, Massage Specialist (UK)



Chakra Balance - 75 min

A new paradigm for Healing in a holistic way to allow your energies to flow naturally. Pranic Healing & Reiki Healing balance your chakra system in a Mind-Body-Spirit technology.

Wellness Aromatherapy - 75 min

From Madagascar we have brought to you divine oils for a personalized treatment inducing pure Relaxation and Bliss. Inspired from Esalen or Californian Massage this incorporates your wellness quest.



Shakti me* - 30 min

Lying down on an acupressure mat may seem unusual. But if you need fast relief and a foot massage, then allow yourself to surrender in a ripple of conscious expansion.

Yogic mix - 90 min

Thai massage is a form of passive yoga. This deep form of meditative therapy originated from the Buddhist temples of Thailand. This yogic mix combines ancient knowledge of sen lines (energy lines) with activation codes and stretching.



Love your feet as you love other parts of your body. While your therapist enables your whole body to detox, Foot Reflexology is given to pamper you till 'walking on the clouds' becomes a reality.

Pada love - 60 min

Spirit Touch - 30 min

Champiassage is a vigorous Head & Neck massage to release tensions for those who spend long hours on desk. It is a blend of Indian Massage and Mauritian touch to activate your brain cells and leave you in a state of no-mind.

Ananda Bliss - 60 min

Ananda is pure happiness. This ancient whole body ayurvedic approach focuses on Marma points (Acupressure points) and a Kasa bowl, the toxins are flushed out of your feet and Nadis (energy channels).



Tibetan boost - 60 min

Originally inspired from ancient Tibet & Nepal, this booster Massage is a vigorous one. Ideally devised for sportspersons you will be efficiently balanced with a sound healing.

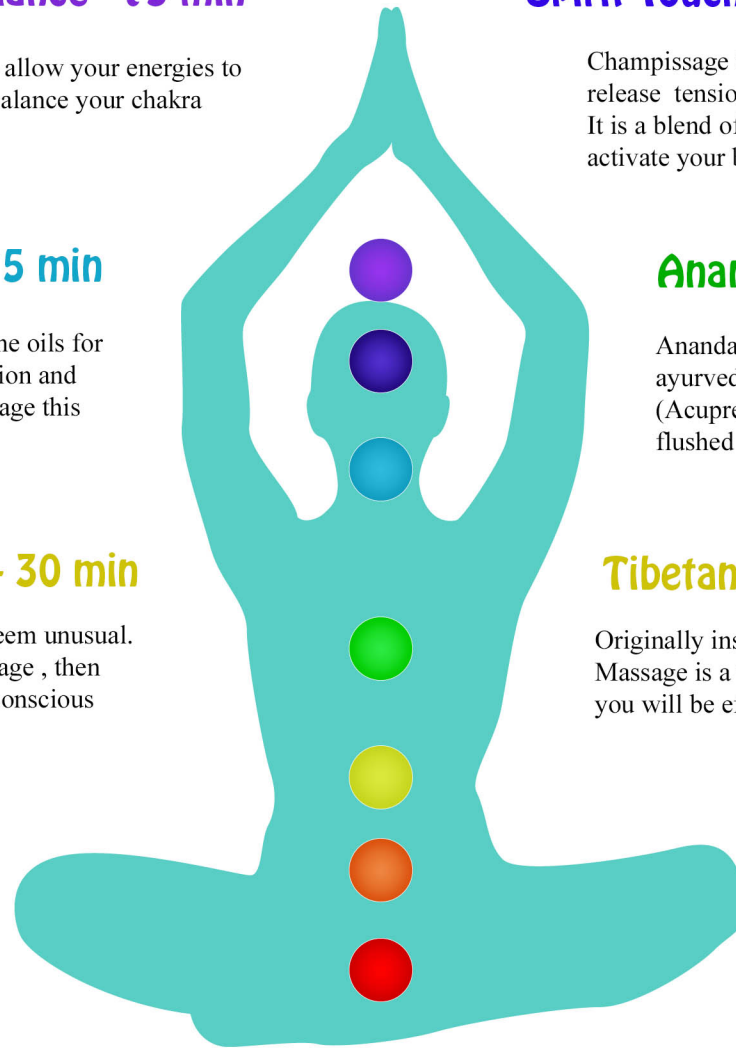
La stone-90 min

Hot & Cold stones, crystals are carefully selected and energized for you to enjoy a full body massage with natural stones of the Indian Ocean.



Sujok Therapy -30 min

Introducing a Korean system of micro-acupuncture which focuses mainly on hands and feet, your bodily and energetic systems is naturally aligned. This treatment is enhanced with crystal pranic healing.



Hands and feet